

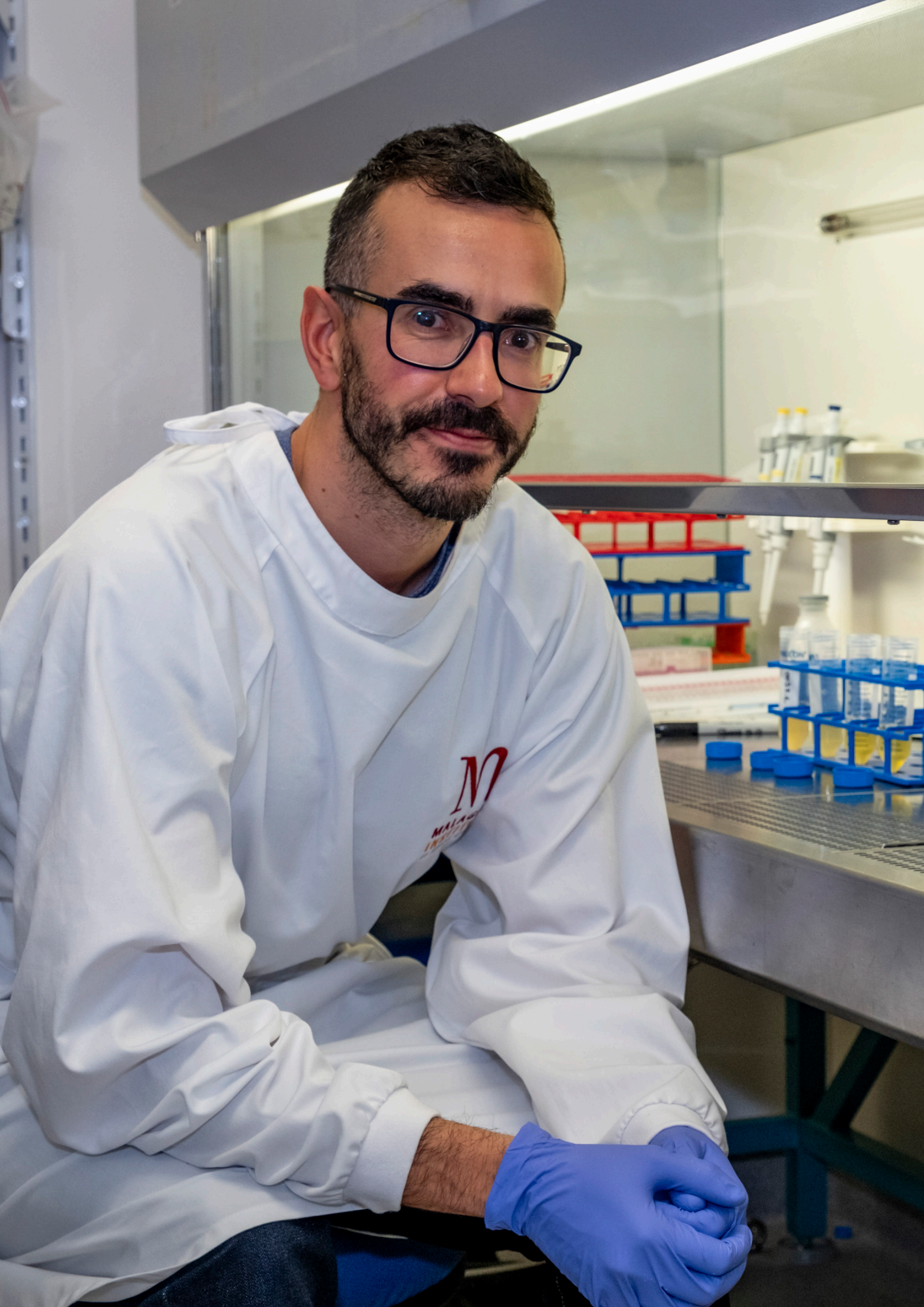


Get inspired!

Make a difference and fundraise
for medical research.

M MALAGHAN
INSTITUTE
OF MEDICAL RESEARCH

Together we can harness the power of the immune system and save lives.



Research saves lives

Research is our greatest hope in the fight against disease.

At the Malaghan Institute, we're striving to create a world where diseases can be prevented and cured by harnessing the power of the immune system. But we can't achieve this alone — we need the support of our incredible community.

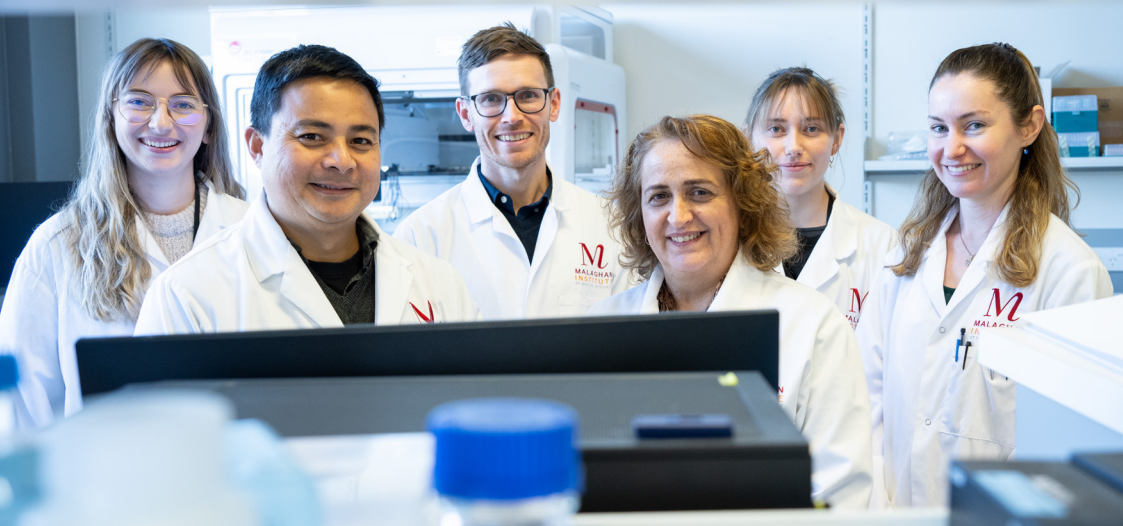
By fundraising for the Malaghan Institute, you become a part of the breakthrough. Every dollar you raise empowers our scientists to develop better, kinder treatments. Together, we can build a future where fewer of our loved ones suffer or are lost to disease.

From all of us at the Malaghan Institute, thank you!



“Without the support from Kiwis like you, we simply wouldn't be able to do the research needed to deepen our understanding of the immune system and discover new opportunities to fight disease.”

- Alisha, Malaghan Scientist



The Malaghan Institute is New Zealand's world-class independent biomedical research charity with a focus on breakthrough discoveries in immunology and immunotherapy.

Based in Wellington, New Zealand, our cutting-edge research and clinical trials are advancing understanding of the immune system and its relationship to human health.



Our value lies in being an independent research organisation backed by the community. As a registered charity, we are owned by New Zealand, for the benefit of all.

Together, we can harness the power of the immune system and save lives!

Charity registration number: CC10357

Fundraising superstar: Colin MacDonald

March for Myeloma

After a routine blood test in 2015 delivered the devastating news, Colin has spent the past nine years living with multiple myeloma, an incurable blood cancer.

Today, thanks to compassionate access to a non-funded drug, he is able to continue spending time with his family and loved ones, but realises many other Kiwis aren't so lucky.

Colin firmly believes that treating a disease shouldn't come at the cost of one's health and wellbeing, something he knows first-hand through his own cancer journey. Frustrated in seeing that New Zealand was lagging behind the rest of the world when it comes to accessing ground-breaking cancer treatments, like CAR T-cell therapy, he and his family were determined to do something about it.

In 2022, Colin launched his DIY fundraiser 'March for Myeloma', raising money for the Malaghan by walking 64km (which happens to be how old he was turning at the time) in the month of March – enlisting friends and family to do the same. He did the same in 2023, and together raised over \$35,000 for the institute and its researchers.

"This is not just about surviving cancer," says Colin. "I'm sharing my story with you because I know first-hand the difference that access to better, gentler cancer therapies would make for New Zealanders living with cancer. The Malaghan Institute is helping make this happen. But they can't do this alone.



"By supporting their research, you are supporting a future where all New Zealanders have access to more effective, gentler and lower cost treatments. You are giving hope to people like me, now and into the future, that they will have the best chance available to fight their disease.

"As a charity, the Malaghan relies on support from the community. The more support the Malaghan receives, the more they can scale up their research and clinical trials, shortening the time these treatments may become available for New Zealanders.

"My son lost his grandma to myeloma and my daughters never met her. I have three wonderful grandchildren and if we can increase the range of treatments available in New Zealand, then I hope to be around in their lives when they grow up. The new treatments that the scientists at the Malaghan are researching means people like me, now and in the future, can have more time with our children, with our grandchildren, with our families.

"We all have a part to play in ensuring that all New Zealanders have access to better, gentler treatments for disease – now more than ever."

We'd love to hear about your DIY fundraiser!

You can reach us at +64 4 499 6914 fundraise@malaghan.org.nz, or tag us online with #TeamMalaghan – we can't wait to see your amazing efforts!



However you choose to support life-saving research, it's best to do it **YOUR** way!

Starting your own DIY fundraiser is easy as:

1

Pick an activity or event! Do you want to fundraise with friends and family, or fly solo? How active do you want to be? Don't worry if you don't have a firm idea in mind, we've got plenty of ideas to inspire you in this guide!

2

Create your own, customisable DIY fundraising page by visiting donate.malaghan.org.nz/raise-for-research. Set a target for what you want to raise and don't forget to add a description on why you're fundraising so others can rally behind your cause.

3

Smash your goals! Make sure to share regular progress updates over social media, email, even word of mouth, so your friends and family can support your awesome mahi. Maybe you'll inspire others to join you!



Ready to dive in and start fundraising for life-saving medical research?

Scan the QR code to activate your DIY fundraising page!



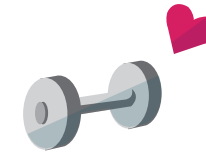
or visit: donate.malaghan.org.nz/raiseforresearch

Need inspiration? We've got you covered!

You can get active!



Set yourself a fitness goal! Signing up for a fun run or walk is a great way to set an achievable goal you can work towards!



Take on a monthly challenge. Even better, get your friends and family to push you further, with each donation adding a greater goal!



Get out of your comfort zone and embrace the unexpected!



Tip!



Fitness trackers are a great way to track your progress and share updates with friends and family! They can even connect to your DIY fundraising page!



New Zealand is full of beautiful nature walks and hikes. Explore some of our beautiful scenery while raising vital funds!

Remember: safety first!

We all want to help speed up the progress of life-saving research, but not at the cost of your – or anyone's – personal safety and wellbeing.

Make sure you take into account your own physical capability and energy levels when setting fundraising targets and goals – and give yourself plenty of time to train for the big event!

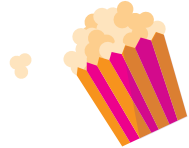
Or get creative!



Host a quiz night! Get your friends along and may the best team win!



Sing for a cure with a karaoke night!



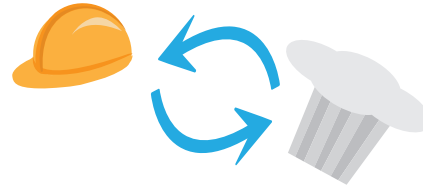
Organise an outdoor movie night. Don't forget the popcorn!



Put your creative skills on display and hold an art exhibition!



Shave, cut or colour your hair. (Bonus points if it's your beard!)



Skill swap! Auction your expertise and get friends and family to do the same!



Go without - whether that's coffee, cigarettes or dining out.

All support makes a positive and lasting impact for life-saving medical research!



Tag **#TeamMalaghan** on social media so we can see (and like!) your amazing efforts!

"The Malaghan Institute is making strides, but they can't do it alone, they need us, their community!"

"Your support could mean the difference between years of waiting and immediate access to life-changing treatments."

- **Kate Twigg**, DIY fundraiser and cancer survivor



Have some fun in the workplace!

Office olympics! Create fun challenges or games that colleagues can participate in, either individually or as teams, with an entry fee to join.



Host an office sweepstake.

Organise an office bake sale!



Let loose with a fancy dress day!

Or talk to your employer about setting up payroll giving.



Tip!

Ask your employer about matched giving.

Double the donations
=
Double the impact!

Interested in learning more about how your business can make a lasting, positive impact?

We'd love to hear from you about how your business or workplace is passionate about supporting life-saving medical research. Get in touch on **027 308 8819** or wendyw@malaghan.org.nz.

Wendy Walker, Head of Fundraising





Let's make a better tomorrow!

We want to leave a better world for our kids, one where diseases like cancer, allergies and infectious disease play a smaller part in our lives and the lives of our loved ones.

At the Malaghan, we see a future where diseases are prevented, treated and cured through harnessing the power of the immune system.

With your help, we can continue deepening our understanding of the immune system and disease, to develop better, gentler treatments that everyone can access.

All support to the Malaghan goes towards helping our scientists find and develop new ways to use the power of the immune system to prevent, treat and cure disease!

Join us and together we can harness the power of the immune system and save lives!

Learn more about how our research and your support will have a positive impact for future generations.



Get the **whānau** involved!

Sponsor your kids to complete tasks and chores around the house - the more they do the more they raise!



Set up a family car wash in your driveway. Each family member can have a role, whether washing, drying, or promoting the event.



Get the kids to help run a garage sale and donate the proceeds!





Thank you

Thanks to awesome people like you, we're one step closer to developing better preventions, treatments and cures for disease.

With greater support, the greater effort we can put towards finding new solutions for cancer, allergic and inflammatory conditions and infectious disease.

The longer we attack a question, the closer we get to an answer, to a breakthrough treatment. To make meaningful inroads we need to provide our world-leading scientists with the resources, and support to do so – and this comes down to funding.

Your donation, no matter how big or small, will help ensure we can keep the pace of our science and discovery going uninterrupted.

Our fantastic fundraising team are just a call or email away to help answer any questions you may have about making the most of your fundraiser. You can reach us at:

+64 4 499 6914
fundraise@malaghan.org.nz

And lastly...

...Don't forget to have fun!

What happens after you finish?

So you've crossed the finish line, squatted your last squat or sold your last cupcake – congratulations! What an incredible achievement.

Don't forget to collect and deposit your donations! If your donations were all made through your DIY fundraising page there's nothing more you need to worry about. If you received donations another way here's what you can do to make sure they go towards life-saving research at the Malaghan Institute:

To make donations via bank transfer

Account Name: Malaghan Institute
Account Number: 06-0507-0052635-30
Reference: First name & Last name (or supporter ID)

If you donate straight into our bank account, please notify us at fundraise@malaghan.org.nz with your details so we can send you a receipt.

For cash donations

Please send any cash donations in a sealed envelope or package to:

*ATTN: Fundraising
Malaghan Institute of Medical Research
Gate 7, Victoria University
Kelburn Parade,
Wellington*

Will I get a receipt?

Yes! Anyone (including you) who has donated \$5 or more to your DIY fundraiser is eligible for a tax credit of 33.33%. If you donated via your page your receipt will be automatically sent to the email you provided. You can contact us at fundraise@malaghan.org.nz if you have any trouble receiving your receipt.

For information on how to claim your tax credit visit the IRD website ird.govt.nz.